

# University Timetable



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:15 AM	BODYATTACK Alan (45)	RPM Kelly K (45)	BODYPUMP Sue (55)	GRIT Series Mel M (30)	BODYATTACK Kristy (45)		
6:45 AM				CXWORX Kelly K (30)			
7:00 AM	★ Activate Karen P (55)	Aqua Circuit Karen P (45)	★ Activate Karyn-Joy (55)	Aqua TBW Kaela (45)			
7:00 AM	BODYPUMP Blake (55)	BODYBALANCE Jenn (55)	RPM Kristy (45)	BODYBALANCE Kristy (55)	BODYPUMP Kristy (55)		
7:00 AM	Swimfit 75	Swimfit 75	Swimfit 75	Swimfit 75	Swimfit 75		
7:30 AM						BODYBALANCE Jenn (55)	
8:00 AM						GRIT Series Bek & Kate (30)	
8:00 AM						CXWORX Bek (30)	
8:30 AM	Aqua TBW Karen P (45)		Aqua TBW Karyn-Joy (45)		Aqua TBW Karen P (45)	BODYATTACK Dave H (45)	
9:15 AM	★ BODYPUMP Katie (55)	TBW Kathryn (55)	Express Sculpt Bek (30)	Sculpt Kathryn (55)	TBW Kate (55)	Aqua TBW Chris (45)	BODYPUMP Kelly K (55)
9:45 AM			CXWORX Bek (30)			BODYPUMP Dave H (55)	
12:00 PM	DIY Swim	DIY Swim	DIY Swim	DIY Swim	DIY Swim		
12:15 PM	CXWORX Bek (30)	BODYPUMP Bek (55)	RPM Bec L (45)	BODYPUMP Jenn (55)	BODYBALANCE Amanda (55)		
12:45 PM	RPM Express Tony (35)						
4:00 PM							RPM Dave B (45)
4:30 PM	Step Kristy (45)	★ BODYATTACK Katie (45)	BODYPUMP Blake (55)	BODYATTACK Blake (45)	BODYPUMP Gerard (55)		
4:45 PM		Zumba Radmila (45)					
5:00 PM	GRIT Series Mel M (30)						BODYPUMP Dave B/Jess (55)
5:15 PM	BODYPUMP Kristy (55)		GRIT Series Bek & Alan (30)				
5:30 PM	BODYATTACK Blake (55)	BODYPUMP Alan (55)	★ Step Katie (45)	BODYPUMP Bek (45)	BODYATTACK Alan (55)		
5:30 PM		GRIT Series Haylee & Jess (30)		BODYBALANCE Karen P (55)			
5:30 PM	RPM Tony (45)	RPM Tony (45)	RPM Ann-Maree (45)	RPM Tony (45)	RPM Gerard (45)		
5:45 PM			CXWORX Bek (30)		BODYBALANCE Jenn (55)		
6:00 PM	Swimfit 75	CXWORX Dave H (30)	Swimfit 75				
6:15 PM			BODYATTACK Dave H (45)				BODYBALANCE Sue/Jenn (55)
6:30 PM	Aqua Circuit Karyn-Joy (45)	Aqua TBW Tristan (45)		Aqua Circuit Karyn-Joy (45)			
6:30 PM	BODYBALANCE Tony (55)	BODYBALANCE Tony (55)	BODYBALANCE Karen P (55)	Zumba Fiona (45)			

## Key

Studio 1	Studio 2	Cycle Studio	Pool	★ New Class	Class duration (30) (45) (55)
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