

## Want to become a Personal Trainer?

Become a registered fitness trainer with the Certificate IV in Fitness.

This course is designed for those already working in the fitness industry. This course equips the successful graduate with advanced technical, planning and leadership skills to work independently as a personal trainer with challenging client groups.

### 2010 course 1 dates and times:

○ Saturday	7 August	8.30am – 3.30pm	○ Sunday	29 August	8.30am – 3.30pm
○ Sunday	8 August	8.30am – 3.30pm	○ Tuesday	31 August	6pm – 9pm
○ Tuesday	10 August	6pm – 9pm	○ Tuesday	7 Sept	6pm – 9pm
○ Sunday	15 August	8.30am – 3.30pm	○ Sunday	12 Sept	8.30am – 3.30pm
○ Tuesday	17 August	6pm – 9pm	○ Tuesday	14 Sept	6pm – 9pm
○ Sunday	22 August	8.30am – 3.30pm	○ Saturday	18 Sept	8.30am – 3.30pm
○ Tuesday	24 August	6pm – 9pm	○ Sunday	19 Sept	Assessments

### Course locations:

The Forum Sports & Aquatic Centre  
Newcastle University Sport  
University Drive  
Callaghan 2308

TAFE Hunter Institute  
Massage, Sport & Fitness  
Newcastle Campus  
Tighes Hill 2297



### Entry requirements:

Certificate III in Fitness.



### The competitive edge!

- ✓ Strong emphasis on practical sessions delivered in centres of excellence including The Forum Sports & Aquatic Centre, a NSW Institute of Sport official training centre.
- ✓ Highly qualified staff with extensive experience who are highly respected in the fitness industry.
- ✓ Continuous support via comprehensive study notes, tutorial sessions and on-line tuition.
- ✓ Students will gain industry expertise not only from direct contact with course presenters but from relationships formed with other students and industry employers.
- ✓ Mixed mode delivery which offers the learner greater flexibility to study part of the course in their own environment, at a pace that suits their learning style.

### Course fee:

\$1,800 which includes: professional instruction during all programmed sessions by multiple trainers as well as, a comprehensive curriculum package comprising lecture and reading materials. Full payment must be received by **Friday 30 July 2010**. **You can register and pay for this course online at [www.tafensw.edu.au](http://www.tafensw.edu.au)** or by completing the registration form and sending it with your payment to: Commercial Course Coordinator, HACS Faculty at Glendale TAFE, PO Box 138, Cardiff NSW 2285.

### Enrolments:

Following confirmation of enrolment, details regarding the course will be emailed to all students. This will include information about Assessment and what students will need for Day One, and will occur on or around Friday 30 July 2010. **To secure your place within the course and avoid disappointment please enrol early (i.e. prior to the above date).**

The Certificate IV in Fitness course content can be at [www.hunter.tafensw.edu.au](http://www.hunter.tafensw.edu.au)



### If you would like further information contact:

Lisa Rowland

Phone: 02 49791 691 Email: [lisa.rowland@tafensw.edu.au](mailto:lisa.rowland@tafensw.edu.au)

