



Fitness Solutions

SPORTS & AQUATIC CENTRE
UNIVERSITY

HEALTH & WELLNESS CENTRE
HARBOURSIDE

THE AWARD WINNING HEALTH & WELLNESS SOLUTION

Do you want to work in the fitness industry?

Become a registered fitness instructor with Certificate III in Fitness.

This course is designed for those working or wanting to work in the fitness industry. Participants will gain skills working with individuals or groups as a Fitness Instructor.

2010 course 3 dates and times:

○ Saturday	23 October	8.30am – 3.30pm	○ Sunday	7 November	8.30am – 3.30pm
○ Sunday	24 October	8.30am – 3.30pm	○ Tuesday	9 November	6pm – 9pm
○ Tuesday	26 October	6pm – 9pm	○ Sunday	14 November	8.30am – 3.30pm
○ Sunday	31 October	8.30am – 3.30pm	○ Tuesday	16 November	6pm – 9pm
○ Tuesday	2 November	6pm – 9pm	○ Thursday	18 November	6pm – 9pm
○ Thursday	4 November	6pm – 9pm	○ Saturday	27 November	8.30am – 3.30pm
○ Saturday	6 November	8.30am – 3.30pm	○ Sunday	28 November	8.30am – 3.30pm

Course locations:

The Forum Sports & Aquatic Centre
Newcastle University Sport
University Drive
Callaghan 2308

TAFE Hunter Institute
Massage, Sport & Fitness
Newcastle Campus
Tighes Hill 2297



Entry requirements:

Year 10 or equivalent

Other Course requirements:

Provide First Aid (Apply First Aid) and Provide First Aid Response prior to completion of this course



The competitive edge!

- ✓ Strong emphasis on practical sessions delivered in centres of excellence including The Forum Sports & Aquatic Centre, a NSW Institute of Sport official training centre.
- ✓ Highly qualified staff with extensive experience who are highly respected in the fitness industry.
- ✓ Continuous support via comprehensive study notes, tutorial sessions and on-line tuition.
- ✓ Students will gain industry expertise not only from direct contact with course presenters but from relationships formed with other students and industry employers.
- ✓ Mixed mode delivery which offers the participant greater flexibility to study part of the course in their own environment, at a pace that suits their learning style.

Course Fee:

\$1,400 which includes: professional instruction during all programmed sessions by multiple trainers as well as, a comprehensive curriculum package comprising lecture and reading materials. Full payment must be received by **Friday 15 October 2010**. **You can register and pay for this course online at www.tafensw.edu.au** or by completing the registration form and sending it with your payment to: Commercial Course Coordinator, HACS Faculty at Glendale TAFE, PO Box 138, Cardiff NSW 2285.

Enrolments:

Following confirmation of enrolment, details regarding the course will be emailed to all students. This will include information about Assessment and what students will need for Day One, and will occur on or around Friday 15 October 2010. **To secure your place within the course and avoid disappointment please enrol early (i.e. prior to the above date).**

The Certificate III in Fitness course content can be viewed at www.hunter.tafensw.edu.au

If you would like further information contact:

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